

Health care reform is here. And some things are changing.

Starting in 2014, nearly everyone will be required to have health insurance coverage (or pay a tax penalty).

What does this mean for you?

NEW HEALTH INSURANCE OPTIONS

A range of plan choices grouped by "metal"—Gold, Silver and Bronze—help you compare costs.

NEW ESSENTIAL BENEFITS

Coverage for preventive care, prescription drugs, enhanced services for kids, emergency services and more—10 categories of benefits in all—are included in every plan.

NEW FINANCIAL ASSISTANCE

Depending on your age, income and family size, government assistance may help you save on monthly premiums and medical services.

But some things won't change. You can still rely on Horizon BCBSNJ—New Jersey's most trusted name in health insurance—to help you make the most of your coverage.

Are you eligible?

To buy an individual health plan from Horizon BCBSNJ, you must:

- » Be a New Jersey resident
- » Not be covered under another group or employer health plan
- » Not be eligible for Medicare*

Note: If you have existing Individual coverage, you will need to end that coverage when your new plan begins.

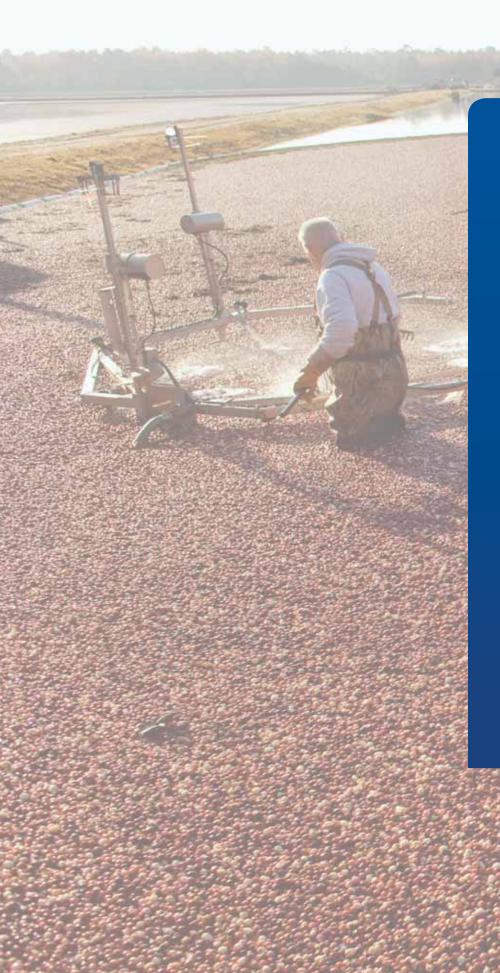
*If you're eligible for Medicare, Horizon BCBSNJ has other options for you. Visit **Medicare**.**HorizonBlue**.**com** or call **1-877-234-1240**.

Did you know?

Horizon BCBSNJ has been New Jersey's leading health insurer for more than 80 years.







In this guide...

You'll find the information you need to make smart choices about health coverage.

GET STARTED

Find out why you should have health insurance, and see if you may qualify for financial assistance to help pay for it.

Page 2

COMPARE PLAN TYPES

Learn about plan types and how they differ.

Page 4

COMPARE BENEFITS

See coverage details for each of our plan options.

Page 6

LEARN ABOUT DENTAL COVERAGE & PERKS

Review your dental coverage options and learn about the Blue365 discounts program.

Page 12

GET READY TO ENROLL

Start with our checklist to help you gather the information you'll need. Then, enroll online, by phone or by filling out an enrollment form.

Page 14

Why do I need health insurance?

Even if you're generally healthy, you could get sick or injured. And if you don't have health coverage, medical care can be expensive.

That's why, starting in 2014, the Affordable Care Act says that we all need to have health insurance. You may think you don't need health insurance, but by sharing the cost of medical care across all of us—even those of us who are healthy right now—health insurance makes care affordable when you *do* need it.

Health insurance helps pay for doctors, medical tests, hospitalization and prescription drugs. To help you stay well, it also pays for routine preventive care. Of course, how much your coverage pays—and how much you'll pay—depends on the plan you choose. Read on to learn all about our individual health plans, how to compare costs and benefits, and how to pick the one that's right for you.

Am I required to buy health insurance?

Yes. Starting in 2014, if you don't have health coverage, you could be subject to a penalty on your next year's tax return. Wouldn't it be better to put your money toward health coverage (and possibly getting help to pay for it) rather than toward paying a penalty?



Can I get help with paying for health insurance?

Under the Affordable Care Act, you may qualify for financial help from the government:

PREMIUM ASSISTANCE reduces your monthly cost for coverage, which means you pay less out of pocket.

You may also qualify for:

COST SHARING SUBSIDIES, which lower the amount you have to pay in deductibles, copayments and coinsurance.

How much assistance could you get?

That depends on your household income and the number of people in your household, along with other factors. The chart to the right will give you a good idea. For a more complete financial assistance estimate, visit **HorizonBlue.com/Estimator**.

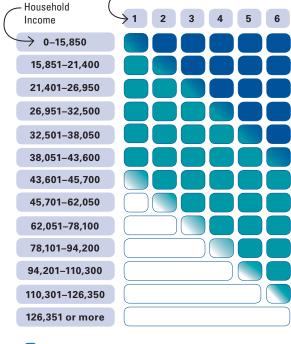
- Find the number of people in your household, including yourself.
- Choose the number on the right that comes closest to your household income.
- Find the spot where the Household Members column and the Household Income row meet. If you land on a colored box, you may be able to get help with paying for health insurance.
- Think you may qualify for help? Several factors besides household income and size can affect your eligibility. Visit **HorizonBlue.com/Estimator**, answer a few questions and find out just how much you could save.
- Write your estimated premium assistance amount (if any) from HorizonBlue.com/Estimator here.

MY ESTIMATED ASSISTANCE:

What's next?

If you entered a premium assistance amount in Step Five, keep it in mind as you review our plans and benefits.

Whether or not you qualify for financial help, keep reading to learn about our health plans and how to choose the one that's best for you.



Household Members

- Eligible for Financial Assistance
- Eligible for Medicaid
 - Not Eligible for Financial Assistance

This is only an estimate. This estimate does not constitute a promise or offer of financial assistance from Horizon BCBSNJ to purchase health insurance. The actual amount you may be eligible for when you apply for an insurance policy on the health insurance marketplace may vary based upon age, household income, household size, ZIP code and effective date.

Compare Plan Types

Gold, Silver or Bronze?

Under the Affordable Care Act, individual health plans are organized by "metal." The idea is to make it easy for you to compare similar plans from different insurers.

Each metal—Gold, Silver or Bronze corresponds to how much you pay versus how much we pay.

Horizon BCBSNJ offers plans at the Gold, Silver and Bronze levels, along with a low-cost high-deductible Essentials plan for individuals under

GOLD:

- » Higher monthly premiums
- » 80% coverage (you pay 20%)
- » Good choice if you expect to use a fair amount of medical services

SILVER:

- » Mid-level monthly premium
- » 70% coverage (you pay 30%)
- » Cost-sharing subsidies may be available
- » Good choice if you want a balance between monthly premiums and out-of-pocket expenses

BRONZE:

- » Low monthly premium
- » 60% coverage (you pay 40%)
- » Good choice if you don't expect to use a lot of medical services

ESSENTIALS:

- » Low monthly premiums
- » Highest deductible
- » 100% coverage after deductible
- » Good choice if you are under age 30, healthy and don't expect to use a lot of medical services

	r Advantage?	HORIZON	HORIZON
	d families, Horizon BCBSNJ offers two plan types. s medical and pharmacy benefits, including wellness are.	ADVANCE EPO	ADVANTAGE EPO
PCP	Each member must choose a Primary Care Physician (PCP) to coordinate care.	V	
	Primary Care Physicians are not required, but out-of-pocket costs are lower when a PCP coordinates care.		/
SPECIALISTS	A PCP referral is needed in order to see a specialist.	V	
	No referral is needed to see a specialist.		✓
HOSPITALS	Hospitals with the Picon in our provider directory will cost less. Other hospitals in the Horizon Managed Care Network are available to you, but will cost more.	V	
	Access to hospitals participating in the Horizon Managed Care Network.		V
		GOLD	
		SILVER	SILVER
			BRONZE
			ESSENTIALS



TERMS TO KNOW:

PREMIUM: What you pay each month for health insurance coverage.

COPAYMENT: The amount you must pay for each medical visit to a participating doctor or other health care provider, usually at the time of service.

COINSURANCE: The percentage of a covered charge that you are responsible for. For example, if you have 20% coinsurance, your plan pays 80% of covered charges and you pay 20%.

DEDUCTIBLE: The amount of covered charges you must pay each year before benefits are paid by your plan.

OUT-OF-POCKET MAXIMUM:

The most you must pay for covered health care services during a plan year. Once you have reached your out-of-pocket maximum, your plan pays 100% of covered costs for the rest of the year.

WHAT'S AN EPO?

EPO stands for Exclusive Provider Organization. Horizon EPO plans offer affordable care when you use participating doctors, specialists and hospitals. Depending on the plan you choose, you may need to select a PCP who will coordinate your care and make referrals to specialists when needed. Except for emergency care, out-of-network care is not covered.

····· NEED HELP DECIDING? ·····

What kind of health insurance customer are you?

GOLD & SILVER

VS

SILVER & BRONZE

How much medical care do you typically use?

A lot—You see doctors often, and not only for preventive care. You may have a chronic condition and/or take maintenance medications

Consider: Gold and Silver plans with higher premiums, but lower deductibles and out-of-pocket costs.

Not much—You get an annual checkup and preventive care, but rarely see doctors otherwise.

Consider: Silver and Bronze plans with lower premiums, but higher deductibles and out-of-pocket costs; Essentials plan (under age 30 only).

ADVANCE

VS.

ADVANTAGE

Would you pay more for greater flexibility?

No—You will need a PCP referral to see a specialist. Hospitals with the picon in our provider directory cost less.

Consider: Advance EPO plans. You must select a Primary Care Physician (PCP).

Yes—You won't need a PCP referral to see a specialist.

Consider: Advantage EPO plans. You can choose a PCP, but it's not required.

GOLD, SILVER, BRONZE

VS.

ESSENTIALS

Are you under age 30 and generally healthy?

No

Consider: Gold, Silver or Bronze plans.

Yes

Consider: Advantage EPO Essentials plan with a low premium, but high deductible.

Are you eligible for a cost-sharing subsidy? You must choose a Silver plan in order to take advantage of it.

Compare Benefits

Starting in 2014, all our health insurance plans include these 10 categories of essential health benefits:

- Outpatient services such as diagnostic tests and minor surgeries
- **Emergency services**
- Hospitalization
- Maternity and newborn care
- Mental health and substance-abusedisorder services. including behavioral health treatment

- Prescription drugs
- Rehabilitative services and devices
- Laboratory services
- Preventive and wellness services and chronic disease management
- Pediatric services, including oral and vision care

No matter which Horizon BCBSNJ plan you choose, you'll have comprehensive health coverage you can rely on.

"Having Horizon makes me more confident." Russ Mount Laurel, New Jersey

HOW TO CHOOSE A PLAN:

- 1 GO TO THE TABLE ON **PAGES 8 & 9**
- **COMPARE BENEFITS** For each plan, you can see the annual deductible and maximum out-ofpocket expense, along with copayments and coinsurance amounts for typical services.
- **CHECK COSTS** What you pay depends on several factors, including the plan you choose, who you'll be covering, where you're located and whether you qualify for assistance.

For specific monthly premium and out-of-pocket costs, including the effect of any premium assistance or cost-sharing subsidies, please visit Buy.HorizonBlue.com or call 1-888-233-1811.

4 MAKE YOUR CHOICE



"It's peace of mind knowing that my daughter has Horizon."

Nadine Elmwood Park, New Jersey



Want to know if your doctor or hospital is in our network?



- 1 GO TO DIRECTORY.HORIZONBLUE.COM
- 2 SEARCH BY DOCTOR'S NAME, LOCATION OR SPECIALTY
- 3 SEE WHICH NETWORKS YOUR DOCTOR PARTICIPATES IN

 - » For Horizon Advantage EPO plans, look for: Horizon Advantage EPO
 - » You can look up specialists in the same way
- 4 SEE IF A HOSPITAL IS IN NETWORK
 - » For Horizon Advance EPO plans, look for: Horizon Advance EPO. When you select a participating hospital identified with the picon, your out-of-pocket costs will be lower
 - » For Horizon Advantage EPO plans, look for: Horizon Advantage EPO

Any doctor or other provider you choose must participate in your Horizon BCBSNJ EPO health plan. Except for an emergency, care you get from a provider who doesn't participate in your plan's network will not be covered, and you will be responsible for the total cost.

Plans & Benefits

THINGS TO CONSIDER WHEN CHOOSING A PLAN...

All plans will include 10 categories of essential health benefits.

- » ADVANCE PLANS require a referral before you can see a specialist. Where you see two numbers for a deductible or coinsurance amount, the first applies if you get services at P hospitals and the second if you use services at non-P hospitals. Check the provider directory at Directory.HorizonBlue.com for details.
- » ADVANTAGE PLANS don't require a PCP or specialist referrals
- » THE ESSENTIALS PLAN is a low-cost, high-deductible option designed for healthy individuals under age 30.
- » GOLD, SILVER AND BRONZE plan levels correspond to how much you pay versus how much Horizon BCBSNJ pays when you get care.

TERMS TO KNOW

- » PREMIUM: What you pay each month for health insurance coverage.
- » COPAYMENT: The amount you must pay for each medical visit to a participating doctor or other health care provider, usually at the time of service.
- » COINSURANCE: The percentage of a covered charge that you must pay.
- » **DEDUCTIBLE:** The amount of covered charges you must pay each year before benefits are paid by your plan.
- » OUT-OF-POCKET MAXIMUM: The most you must pay for covered health care services during a plan year.

What will it cost? Visit Buy.HorizonBlue.com or call 1-888-233-1811 for specific premiums, and to see whether you qualify for financial help.

If you qualify for premium assistance, you can apply it to any Gold, Silver or Bronze plan. But if you also qualify for cost-sharing subsidies, you must select a Silver plan to take advantage of it.

BENEFITS				
GENERAL PROVISIONS	Premium			
	Primary Care Physician (PCP) Required?			
	Out-of-Network/Area Coverage?			
	Individual Deductible			
	Family Deductible			
	Individual Maximum Out-of-Pocket			
	Family Maximum Out-of-Pocket			
HEALTH CARE SERVICES	PCP Office Visits & Consultations			
	Specialist Visits & Consultations			
	Other Practitioner Visits			
TESTS AND IMAGING	X-Rays, Bloodwork, CT/PET Scan, MRI			
PHARMACY SERVICES	Generic Drugs			
	Preferred Brand Drugs			
	Non-Preferred Brand Drugs and Specialty Drugs			
OUTPATIENT SURGERY SERVICES	Both Hospital & Physician/ Surgeon Fees			
CENTICE	Both Ambulatory Surgical Hospital and Physician/Surgeon Fees			
EMERGENCY/URGENT MEDICAL SERVICES	ER Hospital			
	ER Professional			
	Emergency Medical Transportation			
	Urgent Care Center			
HOSPITAL SERVICES	Hospital			
	Physician/Surgeon			
BEHAVIORAL HEALTH/	PCP			
SUBSTANCE ABUSE	Specialist Office Visit			
	Outpatient/Inpatient			
MATERNITY SERVICES	Delivery and All Inpatient Services			
OTHER SERVICES	In-Home Health Care			
	Rehabilitation, Hospice & Skilled Nursing Care—Inpatient			
	Durable Medical Equipment			
	Chiropractic Care — 30 visits per year maximum			

P\$2,000/Non-P\$4,000 P\$2,500/Non-P\$4,000 P\$5,000/Non-P\$4,000 P\$5,000/Non-P\$8,000 P\$5,000/Non-P\$8,000 P\$5,000/Non-P\$8,000 P\$5,000/Non-P\$8,000 P\$10,000 P\$10,000 P\$5,000/Non-P\$8,000 P\$10,000 P\$10,	Non-P \$2,500 Si	No; higher copayment No \$2,000 \$4,000 \$6,350 \$12,700 \$25 copayment \$50 copayment \$50 copayment Deductible then 40% coinsurance \$15 copayment	No; higher copayment No \$2,500 \$5,000 \$6,350 \$12,700 Deductible then \$30 copayment Deductible then 50% coinsurance Deductible then 50% coinsurance Deductible then 50% coinsurance Deductible then 50% coinsurance Deductible then 50% coinsurance	No; higher copayment No \$6,350 \$12,700 \$6,350 \$12,700 \$0 copayment for 3 visits then Deductible Deductible then 0% coinsurance Deductible then 0% coinsurance Deductible then 0% coinsurance
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Meet some typical New Jersey residents...

They're shopping for health insurance, too.



CHARLIE

Healthy young adult, age 31 Annual income: \$55,000

Charlie loves snowboarding. If he didn't have to worry about making a living, he'd be on the slopes whenever there's snow. He likes his sales job, which pays the bills with just enough extra to keep him in snowboarding gear. But it doesn't provide health coverage, and that worries Charlie. What if he has an accident? Charlie knows he needs a health plan "just in case."

RECOMMENDED PLAN: Horizon Advantage EPO Bronze

ELIGIBLE FOR ASSISTANCE?

ESTIMATED MONTHLY PREMIUM: \$316

\$0 Estimated Assistance

\$316 Charlie's estimated monthly cost

These estimates do not constitute a promise or offer of financial assistance from Horizon BCBSNJ to purchase health insurance. The actual amount you may be eligible for when you apply for an insurance policy on the health insurance marketplace may vary based upon age, household income, household size, ZIP code and effective date.





MARY & JORGE

Healthy parents of two young kids Mary, age 39; Jorge, age 40 Annual household income: \$70,000

Mary and Jorge are too busy to think about how busy they are. Their two youngsters are a handful, and both Mary and Jorge hold demanding jobs. They care about keeping their family healthy, but money is always a concern. Finding a health plan they can afford would mean access to preventive care and less worry if the kids get sick.

RECOMMENDED PLAN:
Horizon Advance EPO Silver

ELIGIBLE FOR ASSISTANCE? **Yes**

ESTIMATED MONTHLY PREMIUM:\$1,062\$409 Estimated Assistance

\$653 Mary & Jorge's estimated monthly cost



SALLY & TODD

Healthy empty nesters Sally, age 52; Todd, age 55 Annual household income: \$60,000

Sally and Todd always loved having their children around, but they're even happier now that their youngest has graduated from college and gotten a good job. Healthy and active, they're looking forward to a long life in retirement. They want a health plan that covers most of the medical bills and helps them stay focused on wellness. A gym discount wouldn't hurt, either.

RECOMMENDED PLAN:
Horizon Advance EPO Gold

ELIGIBLE FOR ASSISTANCE? **Yes**

ESTIMATED MONTHLY PREMIUM: \$1,450 - \$577 Estimated Assistance

\$873 Sally & Todd's estimated monthly cost

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Learn About Dental Coverage & Perks

Dental Coverage

If you're covering a child under age 19, you may need our Pediatric Dental Coverage.

PEDIATRIC DENTAL COVERAGE

Under the Affordable Care Act, you may be required to purchase comprehensive pediatric dental coverage for any children covered under your family plan. You can get this coverage from Horizon BCBSNJ or from another insurer. If you have other comprehensive pediatric dental coverage, let us know and we'll waive the Horizon BCBSNJ pediatric dental coverage for your children.

Want dental coverage for yourself and your adult dependents? Horizon BCBSNJ offers two options.

HORIZON INDIVIDUAL DENTAL

Provides 100% coverage for preventive, diagnostic and most basic services with no deductible, copayments or maximums. Major services are available at a discounted rate.

Note: You must use dentists who participate in the Horizon Dental Choice network.

HORIZON CENTURION DENTAL

Provides up to a 30% discount on all services with no deductible or maximums, no referrals or claim forms, no exclusions and no waiting.

Note: You must use dentists who participate in the Horizon Dental PPO network.

To learn more about these adult dental options, call **1-800-4DENTAL (433-6825)**.



Perks: Blue365 Discounts & Savings

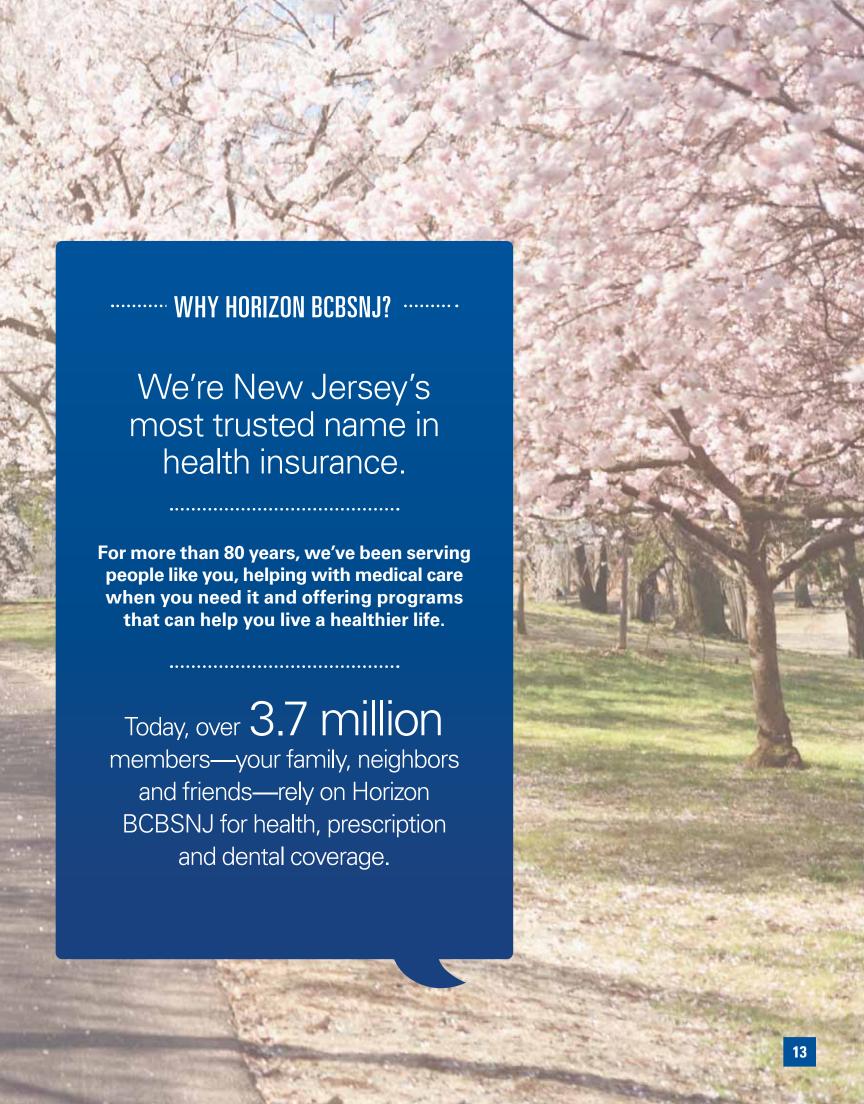
As a Horizon BCBSNJ member, you'll have access to exclusive savings on hearing and vision care, fitness, weight control, alternative therapies, and food and nutrition through the Blue365 program. Blue365 also offers wellness support, travel and recreation discounts, and much more.

Once you enroll, you can sample Blue365's ongoing member deals. You can also be notified about special limited-time deals by signing up for weekly e-mail alerts.

To learn more about Blue365 and the many healthy discounts you could enjoy, visit **Blue365Deals.com**.

Blue365 offers access to savings on items and services that members may purchase directly from independent vendors. Please note that the Blue Cross & Blue Shield Association (the BCBSA) may receive payments from Blue365 vendors. Also, neither Horizon BCBSNJ nor the BCBSA recommend, warrant or guarantee any specific Blue365 vendor or discounted item or service.





Get Ready to Enroll

Gather this information:

- ☐ Your individual or household income (based on pay stubs, last year's tax return, etc.)
- ☐ Whether health coverage is available from any household member's employer (if any household member's employer offers health coverage, or will be offering coverage starting in 2014)
- □ Personal information for each household member to be covered:
 - ☐ Full Legal Name
 - ☐ Birth Date
 - ☐ Social Security Number

Need a different language?

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-233-1811.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-233-1811.

Chinese (**中文**): 如果需要中文的帮助, *1-888-233-1811.*

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-233-1811.

Additional language translation services and Text Telephone (TTY) service for the hearing impaired are available at no additional cost.

Choose the enrollment method you prefer:



Online at Buy.HorizonBlue.com

Your fastest, most convenient option, available 24 hours a day.



By phone at 1-888-233-1811 or contact your broker

Our enrollment specialists can answer your questions and walk you through the process.

Think you may qualify for financial assistance? You must choose one of these methods.



By downloading and filling out an enrollment form



You will not be eligible for financial assistance from the government if you choose this method to enroll.

Horizon Blue Cross Blue Shield of New Jersey is a Qualified Health Plan issuer in the Health Insurance Marketplace.

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